

ABOUT KAY DISTEL

DIRECTOR, SOUND EDUCATION



About Kay Distel

I trained as a body psychotherapist in the UK in the 1980's and became a trainer and clinical coordinator in that work. I worked Residentially in Day Care, Staff Development officer and training in social services for mental health and learning disabilities. I completed a Masters Degree in Social Ecology in 1996.

A specialized Listening training means I am one of three Registered Certified Accredited Tomatis Consultants in Australia.

PhD study

My study examines what dyslexia is and it's learning role. Many of societies innovators, artists and business risk takers, our most creative people could be 'undiagnosed' dyslexics who succeeded in life despite their 'hidden' learning differences. On the other hand the jails and mental hospitals have many illiterates who failed to find a way around societies expectations. This juxtaposition needs addressing.

Book

My forthcoming book *Learning the Dyslexia Way* describes how to work effectively with this powerful group of people who's learning needs are overlooked in education. Often ignored when testing shows they are not educationally or behaviourly bad enough to warrant specialized funding, they may not be 'good' enough to have a fruitful school learning experience.

Introductory talk

Learning the Dyslexic Way introduces the ideas and the work of the innovators I trained with, gives practical examples of what learning from a functional holistic base looks and feels like and outlines action research options available to access this knowledge into the classroom.

Training courses

Aim: to help educators and the parents understand and address the issues of learning from a functional holistic perspective. My dyslexia training, helped my reframe the 'symptoms' of dyslexia and gave me hands on tools to empower learners to self-manage their issues.

All courses are inclusive. Special needs teachers may need to do in-house joint work with Kay following a course.

*Making Literacy Fun - Learning from Perception: introduced the notion of perception from a bodymind perspective. The focus on literacy and tools for improving perception which is hindering the LD child in the class.

*In One Ear and out the Other – are they listening?: gives course members a deeper understanding of the dynamics of listening and communication skills and how reflective practice is essential to improve learning outcomes. Use of music in class is experienced and discussed.

* Both courses can be presented as Introductory talks